CONCEPT YOUNG SCHOLARS PROGRAM

STUDENT & PARENT HANDBOOK

2020-2021

www.cysp.us

CONCEPT YOUNG SCHOLARS PROGRAM

Empowering Future Generations

The MISSION of the Concept Young Scholars Program (CYSP) is to improve the students' academic success, prepare them for college, develop strong character, nurture and empower students through Personal Development, Community Service, Physical Activities and Educational Adventures.

We ENVISION that CYSP's structure and devoted, nurturing community build self-motivated, eager learners who are prepared for the future and ready to lead a successful life.

Concept Young Scholars program, better known as CYSP is a multifaceted program that guides, recognizes and rewards progress. This program allows CYSP scholars to build character while strengthening and empowering their experiences and preparing them for their future endeavors.

CYSP scholars must set their goal at the beginning of the school year to achieve a bronze, silver, or gold status. At the end of the year, each scholar that has accomplished their status will receive a medal in recognition of their efforts and hard work throughout the year.

Program Overview:

Students who commit to the CYSP program will be engaged in a systematic process that guides, recognizes, and rewards their progress. The program encourages activities such as academic competitions, college trips, and excursions.

Once students successfully register for the CYSP program, they will be asked to select an advisor. If the selected advisor is unavailable, students (will call scholars) will be assigned to other advisors by the school CYSP coordinator. advisors will assist in planning activities, monitoring progress, and setting goals in the following areas:

- Personal Development
- Community Service
- Physical Fitness
- Educational Adventure

Scholars will be awarded Gold, Silver and Bronze medals and certificates at an awards ceremony held at the end of the school year. Completing the requirements for CYSP and taking advantage of educational and experiential opportunities allow scholars to build stronger portfolios for their future careers.

Portrait of CYSP Scholar?

CYSP scholars are the future leaders who build relationships and understand the importance of serving others in order to inspire action and accomplishment.

They have a sharp observation and keen interest in learning new things and ask questions to clarify what they have understood when the teacher is teaching.

They have a deep sense of respect for societal norms and the law of the land.

They always take responsibility for their acts and remain in pursuit of knowledge.

They are respectful and moral people with the courage to uphold and act upon the highest standards of ethical behavior.

They are engaged citizens who respect people's differences and are mindful of interconnectivity.

They are adaptable, resourceful and creative in the challenges of an increasingly complex world.

They demonstrate empathy, compassion, and respect for others.

They focus on character building and developing a balanced personality.

They persist to accomplish difficult tasks and to overcome academic and personal barriers to meet their goals.

They apply effective reading skills to acquire knowledge and broaden perspectives.

Who is CYSP advisor?

Any staff member can serve as an advisor for the CYSP program. Staff members can volunteer to serve as advisors and work with scholars to help them complete CYSP program requirements. Advisors have a critical role in CYSP scholars' success in the CYSP program. In an effort to effectively train CYSP scholars, advisors regularly meet their scholars while they set achievable goals for CYSP scholars. Together, CYSP scholars and their advisors draw a path together and determine best practices for CYSP scholars to reach their goals.As an effective performance measurement effort, CYSP scholars log their actions regularly on the Concept Schools database. Advisors assist the scholars in drafting the details of logbooks and choosing appropriate activities and practices. If a scholar fails, his or her advisor encourages and guides him in entering the logs. The information gathered on the database as a result of log entry serves as proof that a scholar has completed the CYSP requirements.

CYSP PROGRAM AREAS

PERSONAL DEVELOPMENT:

Scholars set goals to maximize their potential with the assistance of advisors who help at every stage of planning to reach goals and enable personal development. The personal development areas may include the following:

- Progress Monitoring
- Participating in Extra-Curricular Activities
- Character Education

- Enhancing Reading & Writing Skills
- Weekend & Enrichment Program
- Standardized Test Preparation
- College & Scholarship Applications

COMMUNITY SERVICE:

Instilling the importance of public service and social responsibility to CYSP scholars is an essential role of the program. To introduce the importance of helping their community is a crucial part of the scholars' early development. With awareness for public service and community work, our scholars will gradually learn the benefits of giving their time to create a better environment for everyone. The Voluntary Public Service areas may include the following:

- Community Service

PHYSICAL FITNESS:

Nurturing a healthy lifestyle is an important aspect of the CYSP program. Scholars will improve their quality of life through participation in fitness activities. CYSP will challenge scholars to set and achieve a measurable goal in physical activities. The Physical Fitness areas may include the following:

- Personal Physical Activities

EDUCATIONAL ADVENTURES:

The purpose of Educational Adventures is to develop in scholars a spirit of adventure and discovery. Organizing, planning, training, and completing this area requires self-reliance, determination, and cooperation. These trips are designed to further expose students to various outdoor activities while broadening their social experience. The Educational Adventures areas may include the following:

- Overnight Activities (PAUSED until further notice)
- Trips & Camps (Out of Town trip PAUSED until further notice)
- Cultural Exposure
- College & University Visits
- College Readiness & Career Exposure

CYSP FOR SENIORS

CYSP has initiated an exciting partnership with Future Institute to build a college scholarship fund for Senior CYSP scholars. **CYSP Gold Seniors students** have an opportunity to improve their leadership skills and plan for college success. The program starts in 12th grade and requires CYSP scholars to commit to enrolling in the Future Legacies over the course of their college degree or career program pursuit.

Scholars who are committed to completing **GOLD requirements** will receive a scholarship fund of $2,000 per year upon successful completion of the Future Legacies requirements after high school.

Please feel free to contact her to get more information about the Future Legacies.

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CYSP PLUS CATEGORIES

Harvard University researchers indicate that family engagement is critically important to student achievement by

• Improving children's literacy

• Promoting high-quality work habits and task orientation

• Preparing youth for college

• Supporting the development of social skills

• Increasing high-school graduation rates, especially students from diverse ethnic and economic backgrounds.

With parents' involvement, parents will have a better understanding of the advisor's job and the importance of CYSP program.

CYSP program has "plus" categories with parent engagement; Bronze Plus, Silver Plus , and Gold Plus. The Plus categories are added to encourage parent engagement and participation in school activities and their scholars' events. This component is not mandatory to achieve any of the three medals but will earn special recognition for the scholars that meet the requirements of this component. All 5th to 12th grade parents or legal guardians are welcome to join the CYSP program. We encourage CYSP parents to participate in a variety of in-school and out of school CYSP-related activities as well as school functions and events with their children based on the chart below. Scholars will also earn plus recognition and extra prizes if their parents are recognized.

CYSP Plus	Goal
Parent Engagement • Attending CYSP Progress-Monitoring Meetings • Attending College & University Visits, Trips, Cultural Exposure	**4 times**

CYSP: 101

Advisors work with scholars to help them complete their individual goals. CYSP coordinators introduce the CYSP program to the staff and volunteers from the staff can sign up to the program to become advisors. Advisors check the activities logged into the Concept database by students and help the students if they experience problems or difficulties logging in the activities they have completed. The information in the database will serve as proof that the student has completed the necessary requirements.

Any 5th to 12th grade students can become a scholar. The scholars will be responsible for meeting with their advisors to inform them of their progress. Scholars can choose their advisor at the beginning of the program from the list of available staff members. Any changes may be made at the discretion of the CYSP coordinator as needed.

Informational Sessions for Parents and Students:

Once the academic year starts, schools have up to three weeks to inform students and their parents about CYSP and acquaint them with the program. The program booklet and all necessary forms will be provided by the central office.

During the first three weeks of the academic year, schools should implement these steps in order:

● Prepare a presentational meeting for staff members to familiarize them with the CYSP program and give them an advisor application form.

● Organize an informational session to introduce the CYSP program to their parents and students.

● Organize another informational session for interested students. In this meeting, schools should provide their CYSP mentor list and application forms.

All application forms should be returned to the CYSP coordinator by the due date.

Scholars Admission Process:

- There is no requirement for students to join the CYSP program.
- Students should choose an advisor and submit their application form.
- Advisors who run Advanced Study Teams may use the same requirements that they have set up for their teams for their CYSP groups also.
- Advisors may establish a limit for their groups (the suggested number of students per advisor is at least 3 and at most 6).
- CSYP coordinators and advisors are responsible for forming the CYSP groups.
- CYSP coordinators can assign the student to any available CYSP advisor in the case that a student does not name an advisor or an advisor has reached the maximum number of students in the group.

CYSP Kick-off:

- Schools organize a meeting for their scholars to explain the program details, requirements for medals and expectations.
- Following the school-wide meeting, CYSP advisors have their first progress monitoring meeting with their scholars.

Summary of Program Requirements

Students will complete the minimum requirements for a bronze medal first, then they reach a certain point to get their silver and gold rewards and complete the program.

Each activity will have a certain point when the students completed and logged activities their points will show up on their report card.

Each grade level and medals have different goal points. Even if the students reach the goal point they have to complete bronze requirements for each category and grade level to get their award.

Bonus Activities:

Bonus activities help students reinforce other CYSP activities and provide them more flexibility and ease in the successful completion of the overall CYSP program.
These activities have no minimum requirement.

All CYSP (student and parent) ACTIVITIES SHOULD BE DONE OUT OF CLASS TIME!!! (except all school organized college and in-town/out of town trips).

Only activities completed or performed after school, on weekends or during lunch break and advisory time will be accepted as a CYSP activity.

*** ACTIVITIES (test, fitness, character education, meeting, etc.) DURING CLASS TIME, CAN NOT BE CONSIDERED AS A CYSP STUDENT/PARENT ACTIVITY ***

The requirements of the CYSP program for the 5th & 6th grades are outlined in this chart.

CYSP 2020-2021 5th & 6th Grades

Requirement	Unit	Max # Unit (Cap)	Point-per unit	Bronze Min Requirement	Total Point for Bronze Minimum
Progress Monitoring	Count	30	12 pts	8	96 pts
Participating in Extra-Curricular Activities	Session(40`)	80	8 pts	10	80 pts
Character Education	Count	30	15 pts	4	60 pts
Enhancing Reading & Writing skills	Count	30	10 pts	3	30 pts
Weekend Enrichment Program	Day	20	20 pts	0	0 pts
Standardized Test Preparation	Session(40`)	100	4 pts	30	120 pts
College & Scholarship application	Count	10	5 pts	0	0 pts
Community Services	Hour(60`)	30	10 pts	0	8 pts
Personal Physical Activities	Hour(60`)	60	3 pts	15	45 pts
Cultural Exposure	Day	10	15 pts	0	0 pts
Virtual Educational Trips	Day	8	15 pts	0	0 pts
Virtual College & University Visit	Day	5	15 pts	0	0 pts
Bonus Activity 1 (contests)	Count	1	100 pts	0	0 pts
Bonus Activity 2 (contests)	Count	1	100 pts	0	0 pts

Silver	560 pts
Gold	800 pts

Please check the progress at https://www.conceptsis.com/CYSP/PageManager.aspx?uc=CyspReportCard

The requirements of the CYSP program for the 7th - 8th grades are outlined in this chart.

CYSP 2019-2020 7th & 8th Grades

Requirement	Unit	Max # Unit (Cap)	Point-per unit	Bronze Min Requirement	Total Point for Bronze Minimum
Progress Monitoring	Count	30	12 pts	8	96 pts
Participating in Extra-Curricular Activities	Session(40`)	80	8 pts	10	80 pts
Character Education	Count	30	15 pts	4	60 pts
Enhancing Reading & Writing skills	Count	30	10 pts	3	30 pts
Weekend Enrichment Program	Day	20	20 pts	0	0 pts
Standardized Test Preparation	Session(40`)	100	4 pts	30	120 pts
College / Scholarship application	Count	10	5 pts	0	0 pts
Community Services	Hour(60`)	30	10 pts	0	8 pts
Personal Physical Activities	Hour(60`)	60	3 pts	20	60 pts
Cultural Exposure	Day	10	15 pts	1	15 pts
Virtual Educational Trips	Day	8	15 pts	0	0 pts
Virtual College & University Visit	Day	5	15 pts	0	0 pts
Bonus Activity 1 (contests)	Count	1	100 pts	0	0 pts
Bonus Activity 2 (contests)	Count	1	100 pts	0	0 pts

Silver	600 pts
Gold	960 pts

Please check the progress at https://www.conceptsis.com/CYSP/PageManager.aspx?uc=CyspReportCard

The requirements of the CYSP program for the 9th -11th grades are outlined in this chart.

CYSP 2019-2020 9th 10th & 11th Grades

Requirement	Unit	Max # Unit (Cap)	Point-per unit	Bronze Min Requirement	Total Point for Bronze Minimum
Progress Monitoring	Count	30	12 pts	8	96 pts
Participating in Extra-Curricular Activities	Session(40`)	80	8 pts	10	80 pts
Character Education	Count	30	15 pts	4	60 pts
Enhancing Reading & Writing skills	Count	30	10 pts	2	20 pts
Weekend Enrichment Program	Day	20	20 pts	0	0 pts
Standardized Test Preparation	Session(40`)	100	4 pts	30	120 pts
College / Scholarship application	Count	10	5 pts	0	0 pts
Community Services	Hour(60`)	30	10 pts	0	8 pts
Personal Physical Activities	Hour(60`)	60	3 pts	20	60 pts
Cultural Exposure	Day	10	15 pts	1	15 pts
Virtual Educational Trips	Day	8	15 pts	0	0 pts
Virtual College & University Visit	Day	5	15 pts	1	15 pts
Bonus Activity 1 (contests)	Count	1	100 pts	0	0 pts
Bonus Activity 2 (CA)	Count	1	100 pts	0	0 pts

Silver	640 pts
Gold	1040 pts

Please check the progress at https://www.conceptsis.com/CYSP/PageManager.aspx?uc=CyspReportCard

The requirements of the CYSP program for the 12th grades are outlined in this chart.

CYSP 2019-2020 12th Grade

Requirement	Unit	Max # Unit (Cap)	Point-per unit	BRONZE Min Requirement	GOLD Min Requirements
Progress Monitoring	*Count*	30	*12 pts*	8	8
Participating in Extra-Curricular Activities	*Session(40`)*	80	*8 pts*	0	0
Character Education	*Count*	30	*15 pts*	2	2
Enhancing Reading & Writing skills	*Count*	30	*10 pts*	1	1
Weekend Enrichment Program	*Day*	20	*20 pts*	0	0
Standardized Test Preparation	*Session(40`)*	100	*4 pts*	0	0
College / Scholarship application	*Count*	10	*5 pts*	2	2
Community Services	*Hour(60`)*	30	*10 pts*	0	0
Personal Physical Activities	*Hour(60`)*	60	*3 pts*	0	0
Cultural Exposure	*Day*	10	*15 pts*	0	0
Virtual Educational Trips	*Day*	5	*15 pts*	0	0
Virtual College & University Visit	*Day*	5	*15 pts*	1	1
Junior Mentor Meeting	*Count*	8	*12pts*	0	4
College and Career Workshop and Survey	*Count*	8	*12pts*	0	2
Future Legacies Progress Meeting	*Count*	2	*12pts*	0	2
Future Legacies Registration and Tutorial	*Count*	1	*12pts*	0	1

Silver	**250 pts**
Gold	**425 pts**

Please check the progress at https://www.conceptsis.com/CYSP/PageManager.aspx?uc=CyspReportCard

Explanations, Examples & Entries

PERSONAL DEVELOPMENT

PROGRESS MONITORING

Progress monitoring is used to assess students' performance; check students' prior tasks, providing meaningful feedback and assigning new weekly tasks/goals. Research has shown that when teachers utilize this tool effectively, students benefit more, their decision making improves, and students become well aware of their own performance.

Progress Monitoring is one of the essential requirements of the CYSP program. We as advisors must follow our scholar's progress and guide them to plan all activities throughout the year.

Advisors must meet CYSP scholars on a regular basis to review past progress and give scholars new goals for future activities.

There should be at least one week between two progress monitoring meetings; this can happen individually or in a group. Scholars cannot have progress meetings with other advisors.

This category is mandatory for all students. The point value allocated to this category is 12 points. The maximum Progress Monitoring Meeting entries allowed for each student are up to 30 times throughout the school year.

Examples:

- A group meeting at school.
- A group meeting out of school such as at a public library, McDonald's, Starbucks, etc.
- An individual meeting in school, during lunch, after school, or on weekends.
- An individual meeting during a scholar's home visit with his/her parent(s).

The entry to Log:

Only advisors may enter their scholars' progress monitoring meetings log in their Concept SIS under "Progress Monitoring".

	Suggested Progress Monitoring Advisor Checklist	CYSP Students					
	Please go over the 10 items below (if applicable) with your students	Student 1	Student 2	Student 3	Student 4	Student 5	Student 6
1	Ask students, what CYSP activities have been done since the last meeting						
2	Enter students' activities to Concept SIS log book with their proof (if applicable).						
3	Provide an electronic device to students to enter their activities to Concept SIS during the meeting						
4	(If applicable) provide a makeup date and time for missing CYSP activities						
5	Check student's CYSP report card and inform the student of her/his missing activities						
6	Check student's academic report card, and go over their missing assignments and low grades						
7	Develop strategies for students' missing assignments and low grades						
8	Determine/plan/set up upcoming events and their dates and inform the students						
9	Provide upcoming events' permission slips to students						
10	Provide more info and documents for Summer CYSP Activities (If applicable)						

PARTICIPATING IN EXTRA-CURRICULAR ACTIVITIES

Extra-curricular activities help challenge and give students the opportunity to develop new skills outside of class. Specifically for High school students, extra-curricular activities can help during their college application process. Activities include arts, athletics, clubs, employment, personal commitments, and other pursuits.

Extra-curricular activities are a variety of after school programs. We accept out of school programs as well. 3 major categories are clubs, advanced study teams, and sports teams.

These activities can be school or community-related teamwork and, should be led by a coach, teacher or supervisor. If activities performed out of school, proof of completion is necessary.

This category is mandatory for most students and optional for seniors. The point value allocated to this category is 8 points. The maximum Extra-curricular activity entries allowed for each student are up to 80 sessions throughout the school year. This applies to all who participate in this activity.

Examples:

- Language Club, Dance Club, Math Club
- STEM Team, Robotics Team, Soccer Team

The entry to Log:

Scholars enter their extra-curricular activities information in their Concept SIS student account under "Participating Extra-Curricular Activities".

CHARACTER EDUCATION

Character education are sessions that are designed and delivered in a manner that will help students develop variously as moral, civic, well mannered, behaved, non-bullying, healthy, critical, successful, traditional, compliant and socially acceptable beings.

Character education is a teaching method that fosters the development of ethical and responsible individuals by teaching them about the good values that people should have. It teaches the students the values of caring about other people, honesty, responsibility, and other important traits that make for an upstanding young adult.

Basic character education lessons for advisors are available on the CYSP website (http://cysp.us/character-education/). advisors perform provided character education lessons with their scholars and assign them related work with the topics.

This category is mandatory for all students. The point value allocated to this category is 15 points. The maximum Character education entries allowed for each student are up to 30 times throughout the school year.

Suggested Character Education Lessons should be at least 30-45 minutes:

10-15 minutes: Advisor will go over the PPT presentation or video

10-15 minutes: Discussion about topics (students will share their opinions/thoughts about the topics.

10-15 minutes: Students will answer the questions about the topics and return the paper with their answers to the advisors. The advisor will scan the papers and upload them to the CIS.

-The advisor will assign a task that is related to the topics.

Each character education lesson, topic, and the task should be different

Examples:

- A group lesson with a teacher or instructor about a character lesson.

The entry to Log:

Scholars enter their character education information in their Concept SIS student account under "Character Education".

ENHANCING READING & WRITING SKILLS

Reading helps develop a student's cognition, through thinking, processing, comprehension and writing ability. As Reading is a thinking process, we want to continue to challenge and engage our students, ensuring that they become strong individual readers.

Reading develops the mind and is fundamental to function in today's society. Reading is important because words - spoken and written - are the building blocks of life.

Students select and read books appropriate to their reading levels, and complete a book report or provide Accelerated Reader (AR) test scores as proof if available.

This category is mandatory for all students. The point value allocated to this category is 10 points. The maximum Reading entries allowed for each student are up to 30 books throughout the school year.

Examples:

- Completed book from the provided CYSP book list with AR test score (min. 80%).

The entry to Log:

Scholars enter their book reading the information in their Concept SIS student account under "Enhancing Reading & Writing Skills".

WEEKEND ENRICHMENT PROGRAM

Weekend enrichment programs' main aim is to transform potential into excellence. This is achieved through the various activities and services planned for students.

Extending the school day beyond the traditional academic day into weekends enrich our scholars' overall academic, and personal development. Planning programs that engage them with exciting subjects in a relaxed setting.

Weekend Enrichment Program should be an academic program and planned at the beginning of the year. Weekend Enrichment Program must be at least 2 sessions for 5th through 8th grades and 3 sessions for high schools. If this is not scheduled or less than the minimum required hours, then we consider activities as extra-curricular. If scholars attend enrichment programs outside of school, they must show proper verification.

This category is optional for all levels, however, these activities are very important in terms of its point value and this will help gold and silver students reach their goal at the end of the year. The point value allocated to this category is 20 points. The maximum Weekend Enrichment program entries allowed for each student are up to 20 times throughout the school year.

Examples:

- Saturday school organized by the school administration or school coordinator.
- Advance study course organized by an outside institution during weekends (proof is required)
- Advance study course provided by individual advisors during weekends.
- Weekend Robotics, Science Fair or Language Contest prep in a group with a teacher.
- Any sport club activities which are led by a designated coach or advisor during the weekend.

- Educational camps, leadership camps, academic camps, and club related camps are considered weekend enrichment program

The entry to Log:

Scholars enter their Weekend Enrichment Program information in their Concept SIS student account under "Weekend Enrichment Program".

STANDARDIZED TEST PREPARATION

Students are given an opportunity to take/ plan Standardized test practice sessions. These sessions serve as a mock test in which students can take a test before their real test. More importantly, the outcomes of the session I allow students to reflect on their scores and see where their strengths lie or indeed areas that still need improvement. This allows them to then focus on those areas that still need mastering.

Studying is important because it is essential for a person to develop a complete education and provides students with the opportunity to develop study habits, time management skills and self-discipline.

This category is mandatory for most students and optional for seniors. The point value allocated to this category is 4 points. The maximum Standardized Test Preparation entries allowed for each student are up to 100 sessions throughout the school year. This applies to all who participate in this activity.

Examples:

- All Standardized Test Preparation should be out of class time !!! (after school, before school, during lunch break, weekend)
- Individual test prep from an outside organization.
- Complete standardized test prep at home.
- Online test practice during overnight and camp activities.
- Test prep websites such as Khan Academy, Measuring up, Study Island, IXL, Alex, etc.

Please check the student's study time frames and duration.

- **Test prep which continue after the compulsory Weekend Enrichment   Program hours may also be counted (Middle School: 2 hours minimum, High School: 3 hours minimum)**

Activities below cannot count as an standardized test prep

-Homework

-Any kind of test, test practice, tutoring, work, etc. during class time

-Any kind of subject related test prep during the computer class, etc..

-Schoolwide (all students are working on test prep which is organized by school) test prep cannot be counted.

- Edgenuity (as an online course)

The entry to Log:

Scholars enter their individual test prep information in their Concept SIS student account under "Standardized Test Preparation".

COLLEGE / SCHOLARSHIP APPLICATIONS

In the climate of competitive admission, students need college guidance counselors' help finalizing their lists of colleges they plan to apply to. Five to eight applications are usually recommended to ensure that a student is accepted into a suitable institution.

This category is mandatory for senior students and optional for all other high school

grades. The point value allocated to this category are 5 points. The maximum College/Scholarship Application entries allowed for each student are up to 10 times throughout the school year. This applies to high school students who participate in this activity.

Examples:

- College application meeting with college counselor.
- Scholarship application meeting with college counselor.

The entry to Log:

Scholars enter their College/Scholarship Applications information as 1 entry for 1 complete application in their Concept SIS student account under "College/Scholarship Applications".

COMMUNITY SERVICE

COMMUNITY SERVICE

Engaging in community service provides students with the opportunity to become active members of their community and has a lasting, positive impact on society at large.Community service or volunteerism enables students to acquire life skills and knowledge, as well as provide service to those who need it most.

Volunteerism enables students to acquire life skills and knowledge. While performing community service, children have the opportunity to see first-hand just how much their work can have an impact on the community.

Community service hours can be earned at school or an outside organization.

This category is optional for all students. The point value allocated to this category is 10 points.

The maximum Community Service entries allowed for each student are up to 30 times throughout the school year. Each session must be 40 minutes to an hour in length.

Examples:

- Students can earn community service hours at school events
- Help in various community relief events, (e. g., volunteering at a nursing home, fundraising for a natural disaster, food bank activity, helping at a homeless shelter, clean-up activities)

The entry to Log:

Scholars enter their community service and information in their Concept SIS student account under "Community Service".

PHYSICAL FITNESS

PERSONAL PHYSICAL ACTIVITIES

Exercise is essential for improving overall health, maintaining fitness, and helping to prevent the development of potential health risks. It is vital that students learn to balance a lifestyle that includes some form of physical activity, rather than develop a sedentary lifestyle.

Engaging in sports activities regularly helps improve students' focus on school work, as well as help them lead happier, healthier lives.

CYSP students are expected to complete the physical fitness requirements. Students may complete physical fitness hours at home or with their CYSP groups.

Physical education class and daily routines such as walking to school do not count towards CYSP physical fitness hours.

This category is mandatory for most students and optional for seniors. The point value allocated to this category is 3 points. The maximum Physical Fitness entries allowed for each

student are up to 60 hours throughout the school year. This applies to all who participate in this activity.

Advisors may inform students about healthy food and drink choices to maintain their healthy lifestyles.

Examples:

- Exercising, biking, jogging, swimming, etc.
- CYSP groups can do sports activities together such as playing soccer, basketball etc. in school or out of school.

The entry to Log

Scholars enter their physical fitness information in their Concept SIS student account under "Personal Physical Activities".

EDUCATIONAL ADVENTURES

OVERNIGHT ACTIVITIES **(PAUSED DURING PANDEMIC)**

CULTURAL EXPOSURE

With the world becoming a smaller place to live due to rapid progress and growth of globalization,Cultural Exposure activities are one of our guiding principles in exposing students to new cultures. The main behind this is to ensure that our students learn how to function as global citizens.

In Cultural Exposure , individuals from different cultures, religions and ethics can work together, respect each other, become familiar with each other's traditions, regardless of whether s/he is a minority or not. Cultural Exposure activities provide some fundamental principles to the students to overcome problems in these situations.

CYSP students are expected to participate in activities that expose them to different cultures. Students can attend cultural events or visit different cultural centers.

This category is mandatory for most students and optional for 5-6 graders and seniors. The point value allocated to this category is 15 points. The maximum intercultural activity entries allowed for each student are up to 10 times throughout the school year. This applies to all who participate in this activity.

Examples:

- Attending cultural festivals
- Visiting Chinatown, Greektown, Chinese, Italian cultural centers/museums etc..
- Hispanic Heritage Celebration
- Visiting cultural centers
- International programs which are organized by school, community, society
- Attending a cultural event hosted by the school
- Visiting museums which reflect different cultural backgrounds
- Advisors can create a program to expose scholars to a different culture.

The entry to Log:

Scholars enter their intercultural activities information in their Concept SIS student account under "Cultural Exposure".

VIRTUAL EDUCATIONAL TRIP

Trips serve the purpose of allowing students to explore their localities, and see what services

their home towns/cities have on offer. This activity allows students to build relationships with local businesses as well as local people.

Trips are educational experiences that allow students to apply their lessons to the real world. These trips tend to be the most memorable moments of a students career.

The point value allocated to this category is 15 points.

Examples:

- Museums
- Landmarks

The entry to Log:

Scholars enter their in-town trip information in their Concept SIS student account under "Virtual Educational Trips".

Virtual College & University Visits

A planned Collegevisit allows prospective students to take campus tours to learn about the college or university's facilities, as well as student life, culture on campus, academics, and programs offered by the institution.

College visits allow students to ask questions, meet other prospective students and understand college on a deeper level. Students get a sense of the college's vibrancy, character, and facilities. Visits will provide them with a more complete picture.

College visits organized by the school are the only trips that will count for this category.

This category is mandatory for high school students and optional for the younger grades. Please keep in mind that this activity is very important in terms of it's point value and this will

really help gold and silver students reach their goal at the end of the year.

The point value allocated to this category is 15 points. The maximum college trip entries allowed for each student are up to 5 times throughout the school year. This applies to all who participate in this activity.

Examples:

- Visit a local college or university with your school trip.
- Visit a college or university with the CYSP group and advisor.

The entry to Log:

Scholars enter their college trip information in their Concept SIS student account under "College & University Visits".

BONUS ACTIVITIES

Bonus activities help students reinforce other CYSP activities and provide them more flexibility and ease in the successful completion of the overall CYSP program.
These activities have no minimum requirement.

BONUS ACTIVITY 1 FOR 5TH TO 8TH GRADES

Attending a regional, national or international and concept schools competition. (100

points) (robotics, science fairs, math, and technology competition Concept Schools competitions)

The entry to Log:

Scholars enter their Bonus Activity information in their Concept SIS student account under "Bonus Activity 1".

Bonus Activity 2   For 5th to 8th Grades

Attending a regional, national or international and concept schools competition. (100 points) (robotics, science fairs, math, and technology competition Concept Schools competitions)

The entry to Log:

Scholars enter their Bonus Activity information in their Concept SIS student account under "Bonus Activity 2".

Bonus Activity 1 For 9th to 11th Grades

Attending a regional, national or international and Concept Schools competition. (100 points) (robotics, science fairs, math, and technology competition Concept Schools competitions)

The entry to Log:

Scholars enter their Bonus Activity information in their Concept SIS student account under "Bonus Activity 1".

Bonus Activity 2   For 9th to 11th Grades

Enrolling Congressional Award and getting at least bronze certificate (100 points)

For more information visit the website: https://www.congressionalaward.org/

The entry to Log:

Scholars enter their Bonus Activity information in their Concept SIS student account under "Bonus Activity 2".

CYSP FOR SENIORS

FUTURE LEGACIES

CYSP has initiated an exciting partnership with Future Institute to build a college scholarship fund for Senior CYSP scholars. **CYSP Gold Seniors students** have an opportunity to improve their leadership skills and plan for college success. The program starts in 12th grade and requires CYSP scholars to commit to enrolling in the Future Legacies over the course of their college degree or career program pursuit.

Scholars who are committed to completing **GOLD requirements** will receive a scholarship fund of $2,000 per year upon successful completion of the Future Legacies requirements after high school.

Please feel free to contact her to get more information about the Future Legacies.

Iara Arai Aldape

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- No bonus activities for seniors.

GOLD SENIOR REQUIRED ACTIVITIES

FUTURE LEGACIES REGISTRATION AND TUTORIAL

- Register for the Future Legacies Program.

Please register using the link and instructions here. For more information visit the website: https://futureinstitute.us/future-legacies-scholar/

The entry to Log:

Future Legacies program officer enters Future Legacies Registration and Tutorial information in the Concept SIS student account under "Future Legacies Registration and Tutorial".

FUTURE LEGACIES PROGRESS MEETING

● Participating Future Legacies Progress Meeting

The Future Legacies Program Officer will schedule a meeting with participants at the end of each semester. During these meetings, the Program Officer will evaluate the students' program participation, answer any questions, and provide program feedback.

The entry to Log:

Future Legacies program officer enters Future Legacies Progress Meeting information in the Concept SIS student account under "Future Legacies Progress Meeting".

COLLEGE AND CAREER WORKSHOP AND SURVEY

● Attending 2 Future Institute College & Career Workshops (online)

Scholars must attend these workshops at least twice per year either through online webinars or in-person at the school, if available. A schedule will be provided to CYSP advisors. Scholars must schedule to attend each workshop through the MyFuture Portal consultations feature.

The entry to Log:

Future Legacies program officer enters scholars' College and Career Workshop and Survey

information in their Concept SIS student account under "College and Career Workshop and Survey".

JUNIOR MENTOR MEETING

- Participating Junior Mentor Meeting

Scholars will be paired with junior mentors who are Concept graduates currently enrolled in college. One junior mentor will be paired with each scholar. Scholars will meet with their respective junior mentors four times for an hour each meeting throughout the school year on the My Future portal, an online platform for virtual meetings. Future Institute staff will pair scholars with a mentor. Then, scholars will be responsible for contacting their assigned junior mentor on the MyFuture portal to schedule the first video conference and all meetings for their mentorship.

The entry to Log:

Future Legacies program officer enters scholars' Junior Mentor Meeting information in their Concept SIS student account under "Junior Mentor Meeting".

CYSP PLUS CATEGORIES "PARENT ENGAGEMENT"

CYSP Program has a PLUS category that is centered in parent participation. PLUS categories are added to encourage parent involvement and participation in school activities and their scholars school events.

This category is not mandatory for scholars to achieve any medal. However, they will be rewarded with a distinction if their parents participate 4 times throughout the school year.

Examples:

- CYSP parents attend any school organized CYSP program.

The entry to Log:

Advisors enter Parent Participation information in their Concept SIS account under "Parent Engagement".

Some examples of CYSP Parent-Student Participation Activities
CYSP parents attend any school organized CYSP program.
Homevisit : Advisor will visit scholar's home and give information about past and upcoming CYSP activities, progress, goals, etc. to parents
CYSP Progress Monitoring Meeting: Parents should attend weekly/bi-weekly CYSP Progress monitoring meeting 15-20 minutes with their child.
CYSP Parent Information Meeting/Dinner: Parents should attend the CYSP Parent Meeting/Dinner.
A minimum of a 15-20 minutes attendance by the parent is required for the aforementioned CYSP parent activities to be counted towards participation.
Please DO NOT consider the following activity as a CYSP Parent Participation
Parents attending or overseeing a tutoring session, a fitness or club activity with their student, anywhere other than school grounds without the supervision of an advisor doesn't count as parent participation.
Dropping off and picking up students from CYSP activities cannot be considered as CYSP Parent participation

Examples:

- CYSP parents attend CYSP progress monitoring meeting with scholars
- CYSP parents chaperone community service activities
- CYSP parents attend in-school or out of school CYSP program
- Home Visits

Logbook Entry:

Advisors or scholars should enter Plus categories' information in the CYSP logbook as "Parent Engagement".

Activity Chart which shows responsible person/institute

Category	Scholar, advisor, and coordinator will track the log entrance			PROOF is REQUIRED !!!! Proof should be handed to the advisor within one week!		
	Organized by advisor	Organized by school CYSP Coordinator	Organized by school	Organized by any institute/society other than school	Organized by parent	Organized by student
Progress Monitoring	✔	✗	✗	✗	✗	✗
Participating in Extra-Curricular Activities	✔	✔	✔	✔	✗	✗
Character Education	✔	✔	✔	✗	✗	✗
Enhancing Reading & Writing skills	✔	✔	✔	✔	✔	✔
Weekend Enrichment Programs	✔	✔	✔	✔	✗	✗
Standardized Test Preparation	✔	✔	✔	✔	✔	✔
Community Service	✔	✔	✔	✔	✔	✔
Personal Physical Activities	✔	✔	✔	✔	✔	✔
Overnight Activities(PAUSED)	✔	✔	✔	✗	✗	✗
Cultural Exposure	✔	✔	✔	✗	✗	✗
Out of Town Trip(PAUSED)	✔	✔	✔	✗	✗	✗
Virtual Educational Trip	✔	✔	✔	✗	✗	✗
Virtual College & University Visit	✔	✔	✔	✗	✗	✗
College Readiness & Career Exposure	✔	✔	✔	✔	✔	✔
College / Scholarship Applications	✔	✔	✔	✔	✔	✔